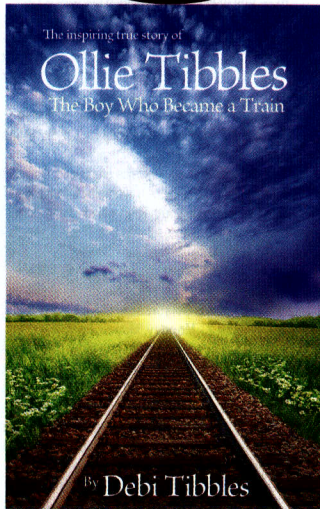


Support
These Local
Authors

Literary LOCALS

Each month we feature local authors who have combined their love for writing with the passion and drive it takes to be published. We encourage you to support them today!



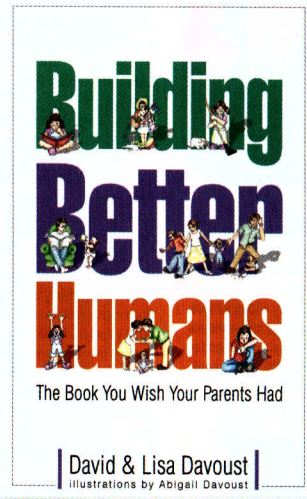
Ollie Tibbles: The Boy Who Became a Train

Debi Tibbles, Chicago

Debi Tibbles didn't realize that one call from the school secretary would change her life forever. Her son, Ollie, was complaining of a headache and although Debi didn't think much of it, when the headaches became increasingly frequent and progressively worse, she grew concerned.

The story of Ollie Tibbles is a mother's account of worry and struggle, in light of a brain tumor diagnosis for her five-year-old son. However, it's also a story about hope, courage, and love. And lastly, it's about the miracle of making a child's wish come true and honoring his life and his legacy.

Born and raised in England but a resident of the U.S. since 1997, Debi Tibbles shares her message of hope and empowerment serving as a motivational speaker for Children's Memorial Hospital Chicago as well as the Make-A-Wish Foundation of Illinois. She is currently writing her second book and was recently invited to join the Joy of Mom team, part of the Oprah Winfrey Network. Available at www.amazon.com, www.barnesandnoble.com, and www.ebooks.com.



Building Better Humans

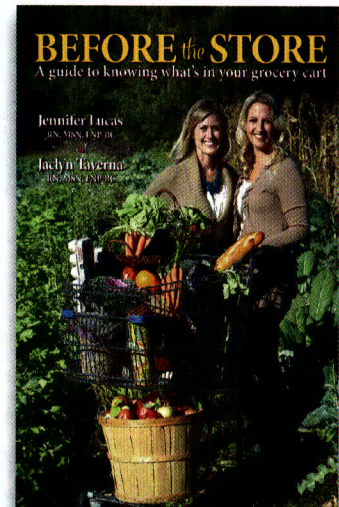
David & Lisa Davoust, Wheaton

David and Lisa Davoust wanted to write a book for busy parents, one that would incorporate everything they learned over the years of parenting three children. Simply put, they wanted to write the book you wish your parents had, when they were raising you.

Within the pages of Building Better Humans, the Davousts outline what they call "twelve basic parenting principles," likening the process to running a marathon. "You can learn the principles of long-distance running in a matter of minutes. However, to actually complete a marathon takes patience, diligence and many hours of hard work."

Readers will delight in their storytelling and will walk away with new-found parenting tools including, but not limited to, getting your child to communicate, the importance of social skills, and taming technology.

David and Lisa Davoust were high school sweethearts and have found the perfect work/life balance by parenting while also successfully owning businesses and, for over 20 years, speaking, teaching, and writing on marriage and family issues. Available at www.buildingbetterhumans.com.



Before the Store: A Guide to Knowing What's in Your Grocery Cart

Jennifer Lucas and Jaclyn Taverna, Lake Forest/Plainfield

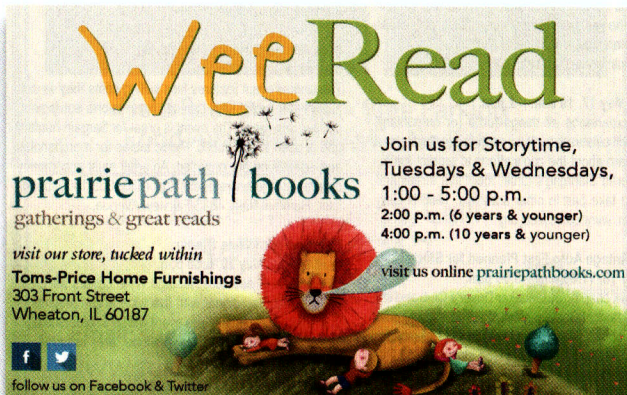
Why is it important to know where your food comes from? When should you buy organic? Is it important to buy locally?

These are questions Jaclyn Taverna and Jennifer Lucas tackle head-on. "Not all foods are created equal. We will help guide you on your grocery shopping journey by teaching you how to purchase the healthiest foods (dairy, meat, seafood, produce, and more) using simple charts and lists."

There is also a plethora of information about food's role in decreasing chronic disease and allergies, eating for weight loss, improved health, and well-being, and guides to local farmers markets and community supported agriculture (CSA) drop-off sites.

Jaclyn Taverna, RN, MSN, FNP-BC, currently sees patients struggling with allergies and asthma and Jennifer Lucas, RN, MSN, FNP-BC, teaches full-time at Loyola University Chicago in the health promotion department. Together they established Healthy Farm, Plate, You, LLC. Available at Anderson's Bookshop in Naperville, www.healthyfarmplateyou.com, and www.amazon.com.

-Tiffany Schultz, Features Writer



Prairie Path Books Gatherings & Great Reads

Exclusive events featuring hand-selected book titles for sale, performances, author signings and creative gatherings that will inspire and refresh.

Continuing series of events for gatherings of couples, girlfriends, young adult readers, parents, cookbook lovers, deep thinkers - our events offer plenty of "somethings" to talk about.

Book club reads. Invite them to your next book group meeting! They read what they recommend and will find a perfect book-fit, plus deliver the books right to you. Join their special event email list: read@prairiepathbooks.com

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